

## Spiritual Directors List

### APPENDIX A – Spiritual Directors for EYSJ

|                                     |   |
|-------------------------------------|---|
| <b>Name:</b>                        | April Allison   |
| <b>Email:</b>                       | <a href="mailto:aprilallison@heronrising.com">aprilallison@heronrising.com</a>    |
| <b>Address:</b>                     | 4721 Ottawa Dr.,<br>Okemos, MI 48864  |
| <b>Cell Phone:</b>                  | (517) 449-2342  |
| <b>Alternate Phone:</b>             |   |
| <b>Years of Experience as a SD:</b> | 14  |
| <b>SD Training Received</b>         | Internship in Spiritual Direction at St. Francis Retreat Center, Dewitt, Michigan |

|                                     |  |
|-------------------------------------|--|
| <b>Name:</b>                        | Judith Bonini,IHM  |
| <b>Email:</b>                       | <a href="mailto:jbonini@ihmsisters.org">jbonini@ihmsisters.org</a> |
| <b>Address:</b>                     | 109 W. Fourth St.<br>Monroe, MI, 48161                             |
| <b>Cell Phone:</b>                  | (734) 241-1268   |
| <b>Alternate Phone:</b>             | (734) 240-5494   |
| <b>Years of Experience as a SD:</b> | 25   |
| <b>SD Training Received</b>         | Dominican Center for Religious Development,Detroit MI              |
| <b>Further SD Training</b>          | Spiritual Leadership Program,Chicago, Ill.                         |
| <b>Further SD Training</b>          | various workshops  |

|                                     |   |
|-------------------------------------|---|
| <b>Name:</b>                        | Nancy Cannon                                    |
| <b>Email:</b>                       | nancycannon@gmail.com                           |
| <b>Address:</b>                     | 7160 Wiltsie Road                               |
|                                     | Lexington (and greater Detroit area), MI, 48450 |
| <b>Cell Phone:</b>                  | 8103575244                                      |
| <b>Alternate Phone:</b>             | 8103592082                                      |
| <b>Years of Experience as a SD:</b> | 23  |
| <b>SD Training Received</b>         | Haden/ Mt Carmel Institute                      |
| <b>Further SD Training</b>          | website: www.nancycannononline.com              |

|                                     |                              |
|-------------------------------------|------------------------------|
| <b>Name:</b>                        | Ann Dillon                   |
| <b>Email:</b>                       | amdillon@comcast.net         |
| <b>Address:</b>                     | 18176 Sunnybrook Ave         |
|                                     | Lathrup Village, MI 48076    |
| <b>Cell Phone:</b>                  | (248) 229-8386               |
| <b>Years of Experience as a SD:</b> | 19                           |
| <b>SD Training Received</b>         | Manresa Jesuit Retreat House |

|                                     |   |
|-------------------------------------|---|
| <b>Name:</b>                        | Margaret Gaffney, IHM                                   |
| <b>Email:</b>                       | mgaffney@ihmsisters.org                                 |
| <b>Address:</b>                     | 610 West Elm Av   |
|                                     | Monroe ,, MI, 48162                                     |
| <b>Cell Phone:</b>                  | 4192974413  |
| <b>Alternate Phone:</b>             | 17342414635   |
| <b>Years of Experience as a SD:</b> | 20  |
| <b>SD Training Received</b>         | Dominican Center for Religious Development, Detroit, MI |

|                                     |                               |
|-------------------------------------|-------------------------------|
| <b>Name:</b>                        | Richard Gibson                |
| <b>Email:</b>                       | richardgibson@earthlink.net   |
| <b>Address:</b>                     | 1327 Somerset                 |
|                                     | Grosse Pointe Park, MI, 48230 |
| <b>Cell Phone:</b>                  | (313) 974-2062                |
| <b>Alternate Phone:</b>             | (313) 822-6148                |
| <b>Years of Experience as a SD:</b> | 18                            |
| <b>SD Training Received</b>         | Shalem Institute              |

|                                     |  |
|-------------------------------------|--|
| <b>Name:</b>                        | Ronda Johnson  |
| <b>Email:</b>                       | rondajj55@gmail.com  |
| <b>Address:</b>                     | 4048 Chatfield Lane  |
|                                     | Troy, MI, 48098  |
| <b>Cell Phone:</b>                  | (248) 840-9026   |
| <b>Years of Experience as a SD:</b> | 6  |
| <b>SD Training Received</b>         | Dominican Center for Spirituality - Certified Spiritual Director   |
| <b>Further SD Training</b>          | Ecumenical Theological Seminary - Masters Degree Pastoral Ministry |
| <b>Further SD Training</b>          | Bexley Seabury Seminary - Diploma in Anglican Studies              |

|                                     |  |
|-------------------------------------|--|
| <b>Name:</b>                        | Nancy Mason Bordley                                |
| <b>Email:</b>                       | parishserv@aol.com                                 |
| <b>Address:</b>                     | 525 Choice Ct.                                     |
|                                     | Troy, MI, 48085                                    |
| <b>Cell Phone:</b>                  | 5867134237   |
| <b>Years of Experience as a SD:</b> | 24   |
| <b>SD Training Received</b>         | Dominican Center for Religious Development (Staff) |

|                                     |   |
|-------------------------------------|---|
| <b>Name:</b>                        | Rev. Rielly McLaren   |
| <b>Email:</b>                       | riellymclaren@gmail.com                                       |
| <b>Address:</b>                     | 226 Moy Ave Windsor   |
|                                     | Ontario CANADA, MI, N9A 2N2                                   |
| <b>Cell Phone:</b>                  | (519) 551-6849  |
| <b>Years of Experience as a SD:</b> | 2   |
| <b>SD Training Received</b>         | Dominican Center: Spirituality for Mission                    |
| <b>Further SD Training</b>          | Paul Adams, Senior Jungian Analyst                            |
| <b>Further SD Training</b>          | 12 years of Chaplaincy Ministry: Serving Federal Ex-Offenders |

|                                     |  |
|-------------------------------------|--|
| <b>Name:</b>                        | June Mears Driedger                                  |
| <b>Email:</b>                       | jmdriedger@yahoo.com                                 |
| <b>Address:</b>                     | 11321 Dutch Settlement Road                          |
|                                     | Three Rivers, MI, 49093                              |
| <b>Cell Phone:</b>                  | 517-528-7275   |
| <b>Alternate Phone:</b>             | 269-244-8696   |
| <b>Years of Experience as a SD:</b> | 23   |
| <b>SD Training Received</b>         | Anabaptist Mennonite Biblical Seminary (Elkhart, IN) |

|                                     |                    |
|-------------------------------------|--------------------|
| <b>Name:</b>                        | Maryjane Peck      |
| <b>Email:</b>                       | mjppeck@gmail.com  |
| <b>Address:</b>                     | 14898 Lyons St.    |
|                                     | Livonia, MI, 48154 |
| <b>Cell Phone:</b>                  | 2484178249         |
| <b>Alternate Phone:</b>             | 2484178249         |
| <b>Years of Experience as a SD:</b> | 8                  |
| <b>SD Training Received</b>         | Dominican Center   |

|                                     |                        |
|-------------------------------------|------------------------|
| <b>Name:</b>                        | Gail Ross              |
| <b>Email:</b>                       | ross.gg@gmail.com      |
| <b>Address:</b>                     | 1042 S.Maple Rd        |
|                                     | Ann Arbor, MI, 48103   |
| <b>Cell Phone:</b>                  | 2628802403             |
| <b>Years of Experience as a SD:</b> | 20                     |
| <b>SD Training Received</b>         | Archdiocese of Chicago |

|                                     |   |
|-------------------------------------|---|
| <b>Name:</b>                        | Bryan Smith   |
| <b>Email:</b>                       | bds3261@gmail.com   |
| <b>Address:</b>                     | 7500 Bircklan Dr.   |
|                                     | Canton, MI, 48187   |
| <b>Cell Phone:</b>                  | 7349689281  |
| <b>Years of Experience as a SD:</b> | 31  |
| <b>SD Training Received</b>         | Center for Spiritual Development, Orange County, California |
| <b>Further SD Training</b>          | Pecos Benedictine Monastery                                 |
| <b>Further SD Training</b>          | Animas Valley Institute                                     |

|                                     |  |
|-------------------------------------|--|
| <b>Name:</b>                        | Ronald Spann   |
| <b>Email:</b>                       | rspann@prh-usa.org   |
| <b>Address:</b>                     | 2971 Iroquois  |
|                                     | Detroit, MI, 48214-1837  |
| <b>Cell Phone:</b>                  | 3135157827   |
| <b>Alternate Phone:</b>             | 3135715145   |
| <b>Years of Experience as a SD:</b> | 22   |
| <b>SD Training Received</b>         | Licensed Educator in international adult formation foundation, Personnalité et Relations Humaines, known by acronym, PRH |

|                                     |                           |
|-------------------------------------|---------------------------|
| <b>Name:</b>                        | Alexander Steward         |
| <b>Email:</b>                       | alexnsteward@gmail.com    |
| <b>Address:</b>                     | 68870 Stoecker Ln         |
|                                     | Richmond, MI, 48062       |
| <b>Cell Phone:</b>                  | 5866510411                |
| <b>Years of Experience as a SD:</b> | 1                         |
| <b>SD Training Received</b>         | Loyola University Chicago |

|                                     |                                   |
|-------------------------------------|-----------------------------------|
| <b>Name:</b>                        | Lori Tate                         |
| <b>Email:</b>                       | ltate0629@yahoo.com               |
| <b>Address:</b>                     | 1433 WICKWIRE RD.                 |
|                                     | JACKSON, MI, 49201                |
| <b>Cell Phone:</b>                  | 4193450592                        |
| <b>Years of Experience as a SD:</b> | 12                                |
| <b>SD Training Received</b>         | Marywood Dominican Center         |
| <b>Further SD Training</b>          | Accredited Enneagram Professional |



## **Using A Spiritual Director**

Many people use a Spiritual Director, or Spiritual Companion, as a spiritual practice. This is an opportunity to deepen your life in God and for God to deepen God's life in you. This confidential and tender relationship is grounded in Love and care, listening together for the way God calls you to grow.

There is generally a fee or small compensation for this relationship. You negotiate this fee with the Spiritual Director, as this can vary from "bring me a loaf of bread" to a set rate per session. Each Spiritual Director sets a certain rate.

## **Questions to Ask Yourself to Find a Prospective Spiritual Director**

Here are the kinds of questions that you might consider asking yourself when finding spiritual directors to interview:

- What is your experience with working with a spiritual director? Is this a first experience of spiritual direction?
- What brings you to spiritual direction at this time in your life?
- Would you like to meet with a male or female?
- What spiritual affiliation or denomination would be most helpful for you?
- What time of day would best serve you for meetings?

The desire and search for the "right fit" is an important part of the process.

Remember, it is up to you to choose your spiritual director wisely. Let them know what draws you to spiritual direction in this time in your life and notice how comfortable it is for you to tell your faith story. Listen carefully for the way the spirit is guiding you in your selection process.

Each person seeking a spiritual director needs to take reasonable steps to verify the competency of any potential spiritual director. As a ministry and service in many nations and many faiths, spiritual direction does not have a centralized certifying body that verifies qualifications of spiritual directors since each faith tradition handles spiritual directors differently.

Spiritual Directors International (SDI) does not endorse or recommend particular spiritual directors. SDI is not a certifying body, but rather a global learning community that supports spiritual directors in their ministry and service with educational programs, publications, and contemplative practices.

## **Questions to Ask The Prospective Spiritual Director**

Spiritual Directors International recommends you ask each person you interview to become your spiritual director questions such as:

1. What spiritual formation and theological education do you have in spiritual direction?
2. What is your personal experience tending your own prayer, meditation, and contemplative life?
3. What is your experience as a spiritual director? How many years? In what environments? What are you most interested in spiritually?
4. How do you continue your education and supervision for your spiritual direction ministry and service?
5. What ethical guidelines do you abide by, such as those published by Spiritual Directors International? Have you ever been accused or convicted of misconduct?
6. What type of engagement agreement will we establish to clarify roles and responsibilities in our spiritual direction relationship?

Spiritual Directors International publishes [Guidelines for Ethical Conduct](#) (in English and Spanish), which provides a framework for a healthy spiritual direction relationship. You may want to ask your prospective spiritual directors about their formation and training, on-going education, if they are in supervision for their ministry and service, and if they abide by the SDI Guidelines for Ethical Conduct or some other ethical code.

***Please send changes, removals, updates and additions to The Whitaker Institute.***